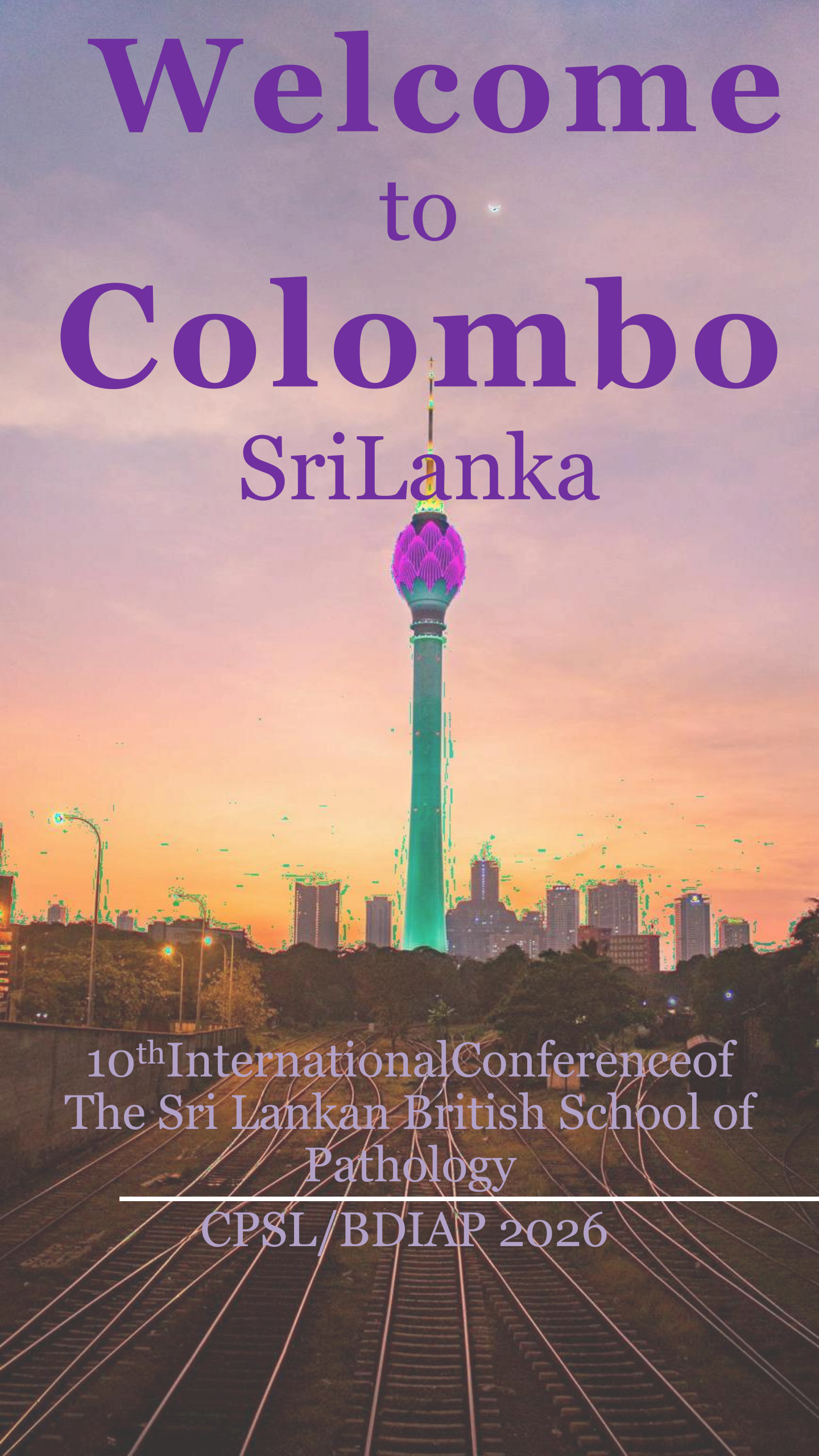


Welcome to Colombo Sri Lanka



10th International Conference of
The Sri Lankan British School of
Pathology

CPSL/BDIAP 2026

A Warm Welcome

We are delighted to welcome you
to Colombo for the 10th
International Conference
of The Sri Lankan British School
of Pathology

ICON 2026 Gastrointestinal Pathology

“An international GI extravaganza and a showcase
of local talent in a tropical paradise”

At the bustling heart of
Sri Lanka, Colombo
combines colonial charm,
modern sophistication and a
gentle tropical rhythm.

Between conference sessions, we invite you
to explore, indulge, and enjoy the city's
culture, cuisine and warmth.



- All locations listed are the closest to the conference location – Kingsbury Hotel Colombo
- Distances listed on later pages are measured from the conference location; travel times may vary with traffic.



Shopping Malls⁴

- **One Galle Face Mall (Colombo 02)**



800m / 5 min

The largest luxury mall in Sri Lanka, with global brands and fine dining

<https://onegalleface.com/>

- **Marino Mall (Bambalapitiya)**

5.6km/15min

A modern mall with fashion, dining, and a rooftop ocean view.

https://marinomall.com/?utm_source=chatgpt.com



- **Colombo City Centre (Colombo 02)**

2.9km/10min

Mid-size mall with a good mix of local and international outlets.

https://www.colombocitycentre.lk/?utm_source=chatgpt.com



- **Havelock City Mall (Colombo 05)**

8.5km/20–25min

A modern lifestyle mall within the Havelock City residential complex.



Souvenir Shops ⁵

Laksala (Bauddhaloka Mawatha)

6.0km /12min

The state-run handicraft emporium with authentic Sri Lankan crafts and souvenirs.

<https://laksalasl.weebly.com/>



Barefoot (Galle Road, Colombo 03)

5.7km/16min

Hand-woven fabrics, art, and creative gifts in a serene courtyard setting.

<https://barefootceylon.com/>

Paradise Road (Dharmapala Mawatha)

4.1km/10min

Designer home ware and gifts that reflect modern Sri Lankan aesthetics.

<https://www.paradiseroad.lk/>



Lakpahana (Reid Avenue, Colombo 07)

5.1km/10min

Offers traditional batik, brassware, and wooden carvings.

<http://www.lakpahana.lk/>

Lak Arcade (Union Place, Colombo 07)

2.7km /10min

Offers authentic Sri Lankan handicrafts, souvenirs, and artisanal gifts.

<https://lakarcade.lk/>



Ceylon Tea

Mlesna Tea Centre (Arcade Independence Square, Colombo 07)

5.6km /15mindrive

A beautifully presented boutique offering a wide range of premium Ceylon teas

https://www.mlesnateas.lk/?utm_source=chatgpt.com

Dilmah T-Lounge (Chatham St, Colombo Fort)

500m/ 2 mindrive

Run by Sri Lanka's iconic Dilmah Tea brand, this modern café lets you taste it before you buy it.

<http://dilmaht-lounge.com/>

Tea Triumph (Crescat Boulevard, Colombo 03)

2.1km /8min drive

A hidden gem known for its wide variety of flavored and artisanal Ceylon teas, ideal for tasting and buying small gift packs. <http://www.teatriumph.com/>

Basilur Lounge (One Galle Face, Colombo 02)

850m/ 5mindrive

Offers a premium collection from Basilur Tea, known for artistic



Ceylon Spices

- **Good Market Shop (Colombo 07)**

5km/12min

Organic spices, teas, and eco-friendly crafts by local entrepreneurs.

- **Vishwa Spice and Ayurveda Herbal Shop (Colombo 02)**

3.0km /10min

Ayurvedic herbs, Ceylon spices, and natural wellness products.

- **Ceylon Spice Haven (Havelock)**

7.3km/18min

High-quality Sri Lankan spices and bulking ingredients for cooking and gifting.

- **Spice Point International (Colombo 12)**

2.3km/8min

Authentic Sri Lankan spices at reasonable prices, perfect for culinary enthusiasts.



Hotels to stay in _____

Galle Face Hotel



Distance: ~1.4 km | 5 min drive

About: Historic oceanfront luxury hotel, one of Asia's oldest, famous for colonial charm and sunset views.

Link: <https://www.gallefacehotel.com>



Cinnamon Red Colombo

Distance: ~3.5 km | 10 min drive

About: Modern upscale city hotel with rooftop infinity pool and skyline views.

Link: <https://www.cinnamonhotels.com/cinnamonredcolombo>



Shangri-La Colombo

Distance: ~900 m | 3–4 min drive / 10 min walk

About: Premium waterfront luxury hotel connected to One Galle Face Mall.

Link: <https://www.shangri-la.com/colombo>



Cinnamon Grand Colombo

Distance: ~3.1 km | 10 min drive

About: Renowned luxury hotel with multiple award-winning restaurants.

Link: <https://www.cinnamonhotels.com/cinnamon-grand-colombo>

Hotels cont. _____





Hilton Colombo

Distance: ~850 m | 3 min drive / 8 min walk

About: landmark five-star hotel offering elegant accommodation, diverse dining, and leisure facilities with views of the Indian Ocean and Beira Lake.

Link:

<https://www.hilton.com/en/hotels/colhitw-hilton-colombo>

3. Taj Samudra Colombo



Distance: ~1.6 km | 5 min drive

About: Elegant seafront hotel known for Indian hospitality and lush gardens.

Link: <https://www.tajhotels.com/en-in/taj/taj-samudra-colombo>

4. ITC Ratnadipa Colombo



Distance: ~2.5 km | 7–8 min drive

About: New ultra-luxury ITC property offering sustainable luxury and fine dining.

Link: <https://www.itchotels.com>

5. The Steuart by Citrus

(450m/ 3 min)



Hotels cont.





6. Fairway Colomb
(550m/ 3 min)

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7. Zest Metropole-
(550m/ 3 min)

https://maps.app.goo.gl/akd3tP8GQCLjGsCn8?g_st=aw



11.C1 Colombo Fort
(750m/ 4 min)

https://maps.app.goo.gl/Wv7W1AKzK8V5BnxY6?g_st=aw



12. Grand Oriental Hotel
(900m/ 4 min)

https://maps.app.goo.gl/YNwyQjRStBa6oCg2A?g_st=aw



**13. Dutch Heritage
Colombo**
(600m/ 3 min)

https://maps.app.goo.gl/Yw2byZf5e3s5XNms8?g_st=aw

14. City Rest Fort
(600m/ 3 min)

https://maps.app.goo.gl/KPDaS3XHQo4mA7WJ6?g_st=aw



Hotels cont. _____

15. Colombo Downtown Monkey Backpackers Hostel

(1.2km/ 5 min)

https://maps.app.goo.gl/utaM2m6pt1J6chEL9?g_st=aw

16. Morven Hotel Colombo

(2.6km/ 7 min)

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17. Hotel Nippon Colombo

(2.0km/ 5 min)

https://maps.app.goo.gl/iWw5n8ME9rSzTeHy7?g_st=aw

8. Granbell Hotel Colombo

(4.3km/ 12 min)

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19. Port View City Hotel

(2.5km/ 11 min)

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20. Renuka City Hotel

(3.8km/ 11 min)

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21. Sofia Colombo City Hotel

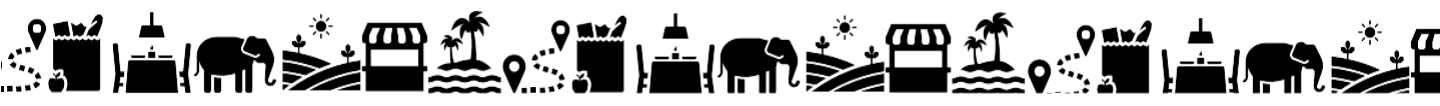
(3.7km/ 10 min)

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22. City Hotel Colombo 02

(2.5km/7 min)

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Restaurants & Cafés

Within the Kingsbury Hotel



The King's Steak bar — Onsite
Steakhouse dining experience.
<https://www.thekingsburyhotel.com>



Yue Chuan — Onsite
Authentic Cantonese fine dining.
<https://www.thekingsburyhotel.com>



. The Kingsbury Honey Beach Club — Onsite
Beachfront lounge and dining.
<https://www.thekingsburyhotel.com>

Tenkū — Onsite



• Stylish Japanese dining with sushi, teppanyaki and refined contemporary cuisine



The Kingsbury Ceylon Curry Club — Onsite

Sri Lankan specialty dining.
<https://www.thekingsburyhotel.com>



Restaurants & Cafés cont.

Within Walking Distance



Graze Kitchen – Hilton Colombo (~350 m)

- **Highly-rated all-day menu with live cooking stations and global influences. ~4 min walk**



Ministry of Crab – ~550 m

The renowned seafood restaurant at the historic Dutch Hospital precinct is celebrated for its signature Sri Lankan lagoon crab and refined yet vibrant dining experience.

<https://www.ministryofcrab.com>



- **Emperor's Wok — ~900 m**

Refined Chinese fine-dining restaurant at Hilton Colombo known for authentic Cantonese cuisine and elegant ambiance.

Link:<https://www.hilton.com/en/hotels/colhitw-hilton-colombo/dining/>



- . Indiya Colombo — ~850 m**

Modern Indian cuisine.

<https://www.cinnamonhotels.com/cinnamon-life-city-of-dreams-sri-lanka/dining/indiya>

- **SunsetBlu -Hilton Colombo-Bar & Gastro (~350 m)**

Laid back restaurant & bar with international menu.

- **Food Studio at One Galle Face — ~800 m**
Upscale food hall.



Restaurants & Cafés cont.

- **L.A.B Colombo — ~300m**

A stylish lounge and bar at the Hilton Colombo, popular for cocktails, casual dining, and evening ambience.

- **Crystal Jade — ~800 m**

Chinese dining at One Galle Face.

- **Central Restaurant Maqara — ~600 m**

Casual dining.

- **Sea Fish Restaurant — ~2 km**

Casual seafood dining.

- **Colombo Fort Café — ~400–500 m**

Casual café near Fort area.

3 – 6 km

- **Common Coffee House — ~4.4 km**

A popular brunch spot known for specialty coffee, creative breakfast plates, and a relaxed contemporary vibe.

- **Kiku Colombo — ~4 km**

A stylish Japanese restaurant offering sushi, ramen, and modern Asian dishes in an elegant setting.

- **Seed Café — ~4 km**

A health-focused café serving fresh juices, smoothie bowls, and wholesome brunch options.

- **The Travelling Bruncher — ~5 km**

A vibrant café famous for global brunch flavours, artisan coffee, and colourful interiors.

- **Department of Coffee — ~5 km**

A favourite among coffee lovers for specialty brews, light bites, and a cosy urban atmosphere.



Restaurants & Cafés cont.

- **Barefoot Café — ~5.7 km**

A laid-back garden café known for Sri Lankan-inspired dishes, live music, and its artistic setting.

- **Paradise Road Café — ~4 km**

A chic café within a design boutique, offering fusion cuisine in a stylish courtyard ambience.

- **The Gallery Café — ~4.5 km**

An iconic Colombo dining spot blending art, history, and modern international cuisine.

- **Rare at Residence — ~4 km**

An upscale steakhouse known for premium cuts, fine wines, and intimate dining.

- **Lagoon — ~3 km**

One of Colombo's most famous seafood restaurants, where diners can select fresh seafood cooked to order.

Local & Casual Dining

- **Hotel de Pilawoos — ~2 km**

Famous for kottu and local bites.

- **The Joint Pub & Grill — ~2 km**

- **Great Wall Restaurant Colombo — ~3–4 km**



Ayurveda Wellness

Spa Ceylon is a luxury Ayurvedic wellness brand offering traditional Sri Lankan treatments, natural beauty products, and holistic therapies designed to relax, rejuvenate, and restore balance.

<https://lk.spaceylon.com/>

Outlets

- **ColomboCityCentre(Colombo02)**
- 2.9km/10min drive
- **Crescat Boulevard (Colombo03)**
- 2.6km / 8 mindrive
- **Galle Road (Colombo03)**
- 6.0km/ 18mindrive

Spas

- **Royal Heritage Spa- Chatham Street (Colombo01)**
500 m/5mindrive
- **White by Spa Ceylon-Ward Place (Colombo07)**
4.9km / 13 min drive



2.6km/9min

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3.6km/10min

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g_st=aw](https://maps.app.goo.gl/hFppfQZWmeFzgTS77?g_st=aw)

4.8km / 12min

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g_st=aw](https://maps.app.goo.gl/fMgqLsZU5ykL4BGm7?g_st=aw)

2.9km/8min



Money Exchange

- **Bank of Ceylon (BOC) Head Office:**
Bank of Ceylon Mawatha (Approx. 200m from the hotel, a 3-minute walk)
- **Hatton National Bank (HNB) City Office:**
No. 16, Janadhipathi Mawatha (Approx. 250m from the hotel, a 3-minute walk)
- **HSBC Colombo Main Branch:**
24 Sir Baron Jayatilaka Mawatha (Approx. 500m, a 6-minute walk)
- **Commercial Bank (Fort Branch):**
11 Bristol St, Colombo 01 (Approx. 600m, an 8-minute walk)
- **Nations Trust Bank (Corporate Branch):**
242 Galle Rd, Colombo 03 (Approx. 500 km, a 6-minute walk)
- **People's Bank Head Office:** 75 Sir Chittampalam A. Gardiner Mawatha, (850m, a 13-minute walk)

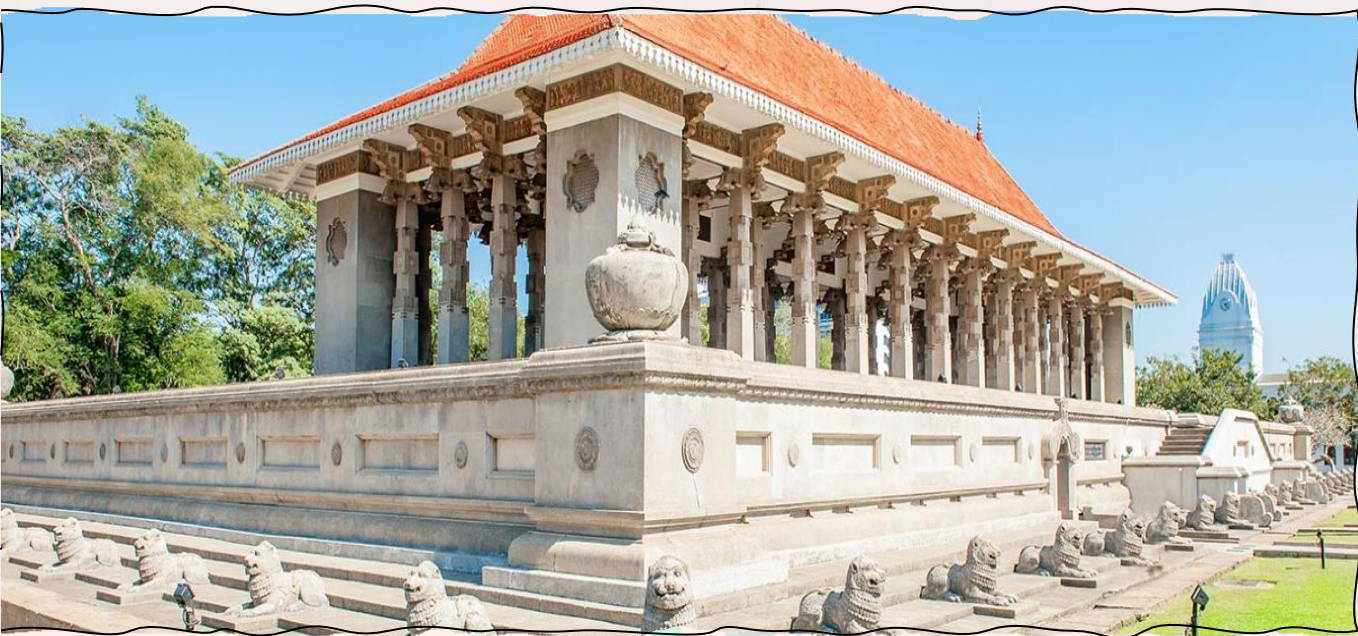
Tip: Authorized banks offer the best rates. Keep your passport handy for verification.



Must-See Sites

- **Independence Square**—5.9km/15min

Surrounded by tranquil gardens, this site celebrates Sri Lanka's independence. The nearby Independence Arcade offers elegant boutiques and cafés in a beautifully restored colonial building.



- **Lotus Tower (South Asia's tallest)** – 3.3 km / 8 min Standing tall at 356 meters, the Lotus Tower is South Asia's tallest structure. Visit its observation deck for a panoramic view of Colombo's skyline, the harbor, and the Indian Ocean — especially beautiful at sunset.



Must-See Sites

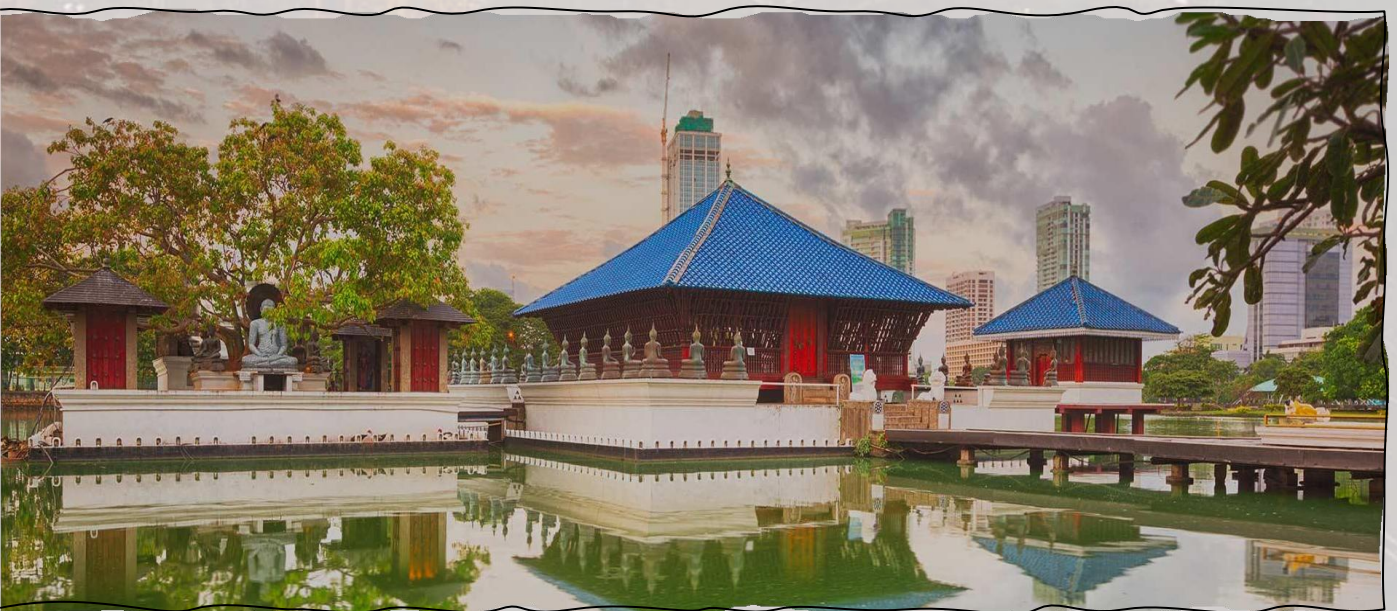
Colombo National Museum—4.2km/10min

The largest museum in Sri Lanka showcases centuries of art, artifacts, and royal history, a perfect place to learn about the island's rich heritage.



• **Gangaramaya Temple**—3.4km/10min

A blend of modern architecture and cultural heritage, this temple houses an impressive collection of Buddhist art and relics — one of Colombo's most iconic landmarks.

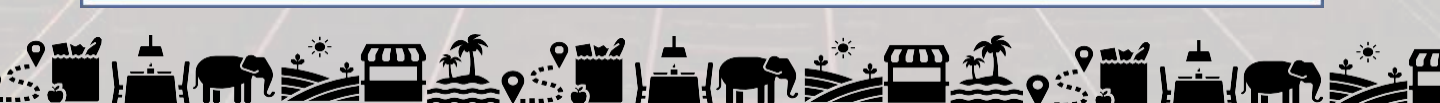


A historic seaside promenade popular for evening walks and local street food. Watch the sunset while enjoying kottu or isso wade along the ocean breeze.



A futuristic waterfront built on reclaimed land beside the Indian Ocean. Perfect for a sunset stroll, photography, or a glimpse of Colombo's modern transformation.





Main Cities

Anuradhapura

One of the oldest continuously inhabited cities in the world and an ancient capital of Sri Lanka. It is famed for its well-preserved ruins of monasteries, bathing ponds, and the Sri Maha Bodhi.



Polonnaruwa

The second-most ancient of Sri Lanka's kingdoms. This ancient city is a UNESCO World Heritage Site known for its archaeological treasures, including the enormous rock-cut statues of the Buddha at Gal Vihara.



Kandy

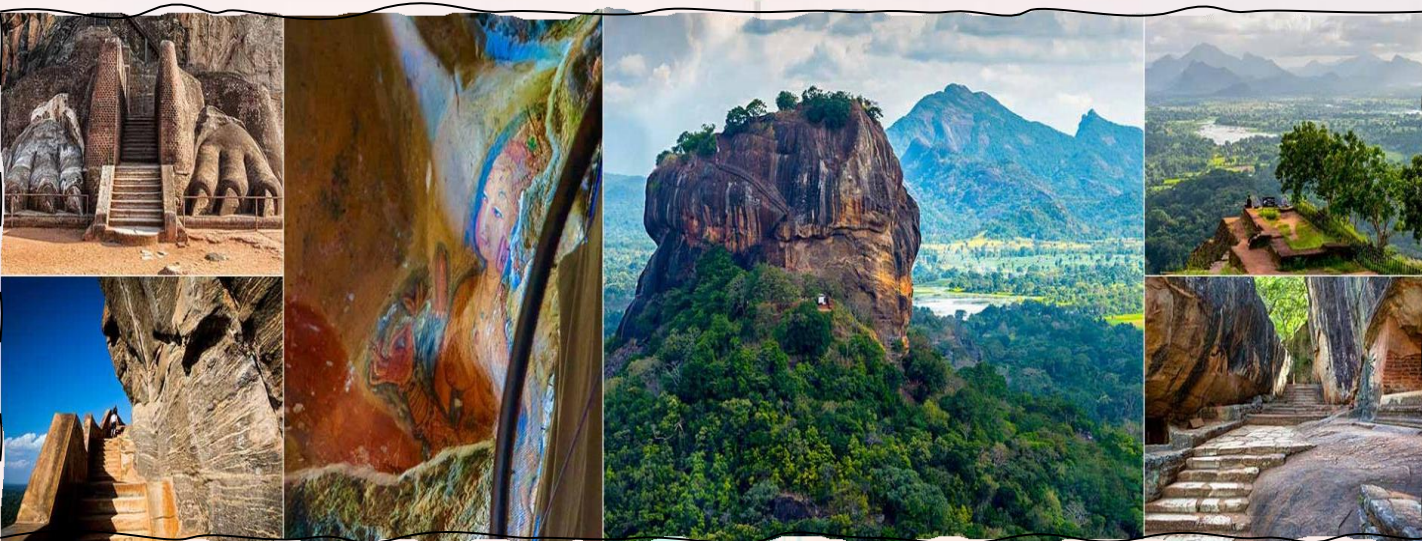
The hill capital and the last capital of the ancient kings' era. It is home to the Temple of the Sacred Tooth Relic, a major Buddhist site that houses a relic of the Buddha's tooth.



Main Cities cont.

• Sigiriya (The Lion Rock)

A magnificent **UNESCO World Heritage Site** and one of the island's most iconic landmarks. This ancient rock fortress features remarkable frescoes and a stunning palace ruin atop a massive column of rock.



• Jaffna

Located in the far north, this city offers a unique cultural experience, known for its distinct Tamil culture, colorful Hindu temples (like the Nallur Kandaswamy Kovil) and unique cuisine.



Main Cities cont.

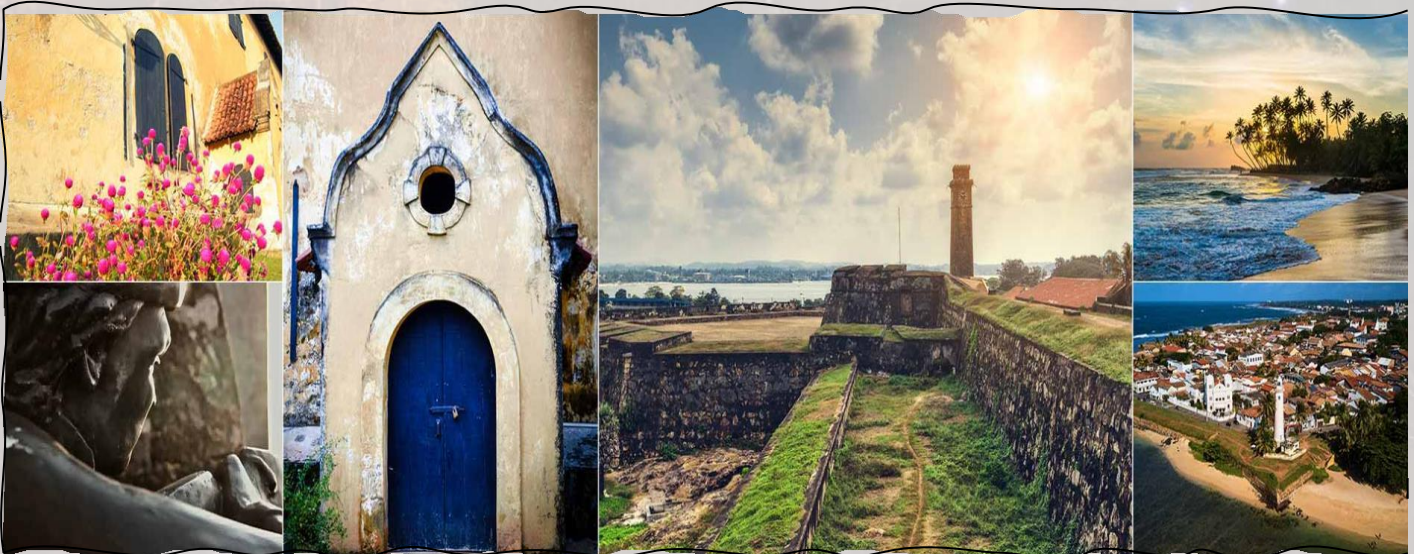
• Nuwara Eliya

Often called "Little England," this town is situated amidst emerald green tea plantations and rolling hills. It's famous for its cool climate, colonial-era bungalows, and the production of some of the world's finest tea.



• Galle

A major city on the southwestern coast, primarily famous for the Galle Fort. This massive fort, originally built by the Portuguese and extensively fortified by the Dutch, is a vibrant UNESCO World Heritage Site and a stunning example of European architecture blending with South Asian traditions.



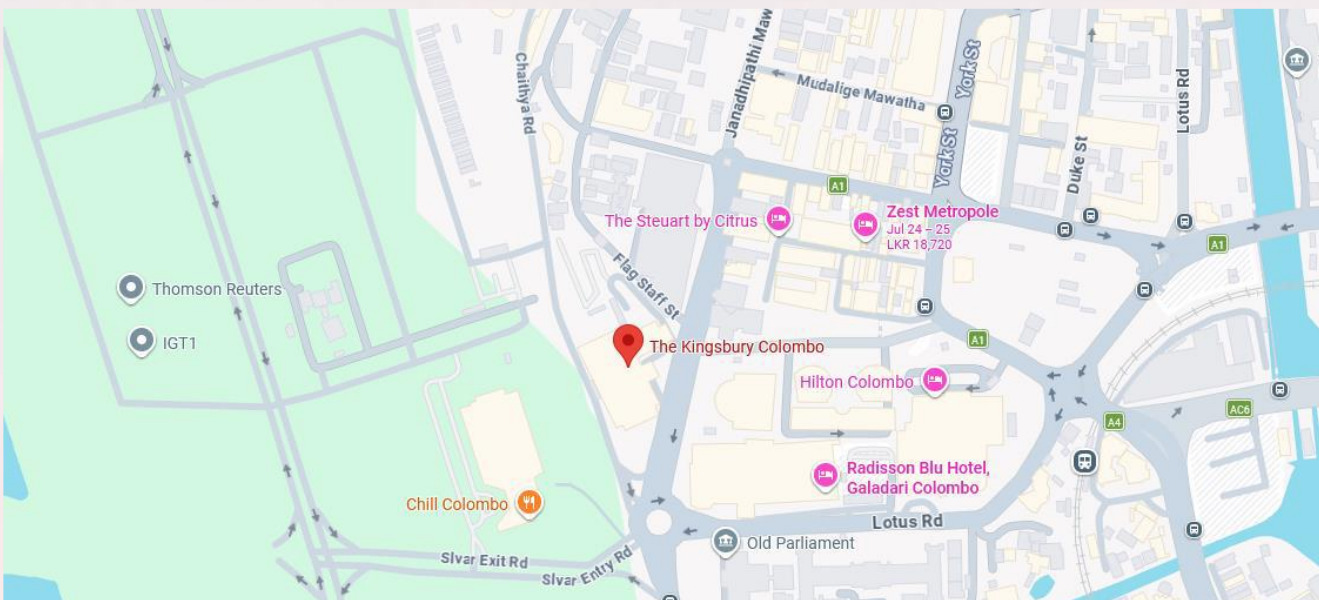
Things to do

- Take a **sunset walk** at Galle Face Green.
- Enjoy a **cup of Ceylon tea** at a colonial- style café.
- Visit **Pettah Market** for local flavors and spices.
- Experience an **Ayurvedic spa treatment** or massage.
- Take a **tuk-tuk city tour** for a fun local adventure.



Kingsbury Hotel Location

Click the link or scan the QR code to view the location on Google Maps.



Click the link or scan the QR code to view the location on Google Maps.

<https://maps.app.goo.gl/W9FBdJruE2cshq5u5>

SCAN ME



